

THE VERACIOUS

EXPLORING THE TRUTH



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MISSIVE MAIL

The project Missive Mail was held on the occasion of World Post Day dated 9th October 2022 at Saveetha college of physiotherapy where we shared intimate post cards within club members to emphasize the happiness of receiving unexpected mail. It was a delightful experience where club members felt special and valued receiving personalised handwritten letters



DELIGHT IN

The project Delight In was held on 11th October 2022 on WhatsApp platform where the club members communicated with each other through WhatsApp stickers. This project was to emphasize, the importance of communication and how stickers and illustrations express an emotion better than words. We used it as a standalone message and we were able to express ourselves a nuanced range of thoughts.

UZHAVILLAIYEL UNAVILLAI

The project Uzhavillaiyel unavillai was held on 6th November 2022 at Farmguru, Sholavaram with the help of RTN.Sesha Sai sir. It was a great learning platform about importance of farming and how agriculture is the pillar of our nation. We had a hands-on experience in farming and learned techniques about organic farming through which we realised that agriculture is our wisest pursuit and how it is the most useful and noble employment of man.



SPARK

The project Spark was held on the occasion of World Spine Day dated 16th October 2022. It was an initiative to campaign the best exercises for spine and spine-related disorders and ailments. The project was aimed to emphasize the importance of spine health through posters which were posted in the social media handle of Rotaract club of Saveetha college of physiotherapy @rc_scpt.



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ROTARACT CLUB OF
SAVEETHA COLLEGE OF PHYSIOTHERAPY

MUFFLE

The project Muffle was held at 7th November 2022, where members of Rotaract club of Saveetha college of physiotherapy donated bedsheets to those who are in need, in their nearby areas. This project emphasized the value of humanity and sharing love. It aimed to lighten the burden of people and provide them with the least. The total number of beneficiaries of this project are 20. The members of the club felt real happiness by witnessing the smile on their faces

Rotary District 3232, IMAGINE ROTARY, Rotaract RI District 3232, Inspire others, ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY, SPONSORED BY ROTARY CLUB OF ROYAPETTAH, RID 3232

Muffle

-a project of giving bedsheets to the needy people's

RTR.NAMAZI B (PRESIDENT 22-23), RTR.RAHUL (PROJECT CHAIRPERSON), RTR.SWETHA K.R (PROJECT SECRETARY), RTR.BRINGESH (SECRETARY 22-23)

LETTER HEAD EXCHANGE

The project the Letter head exchange was done on 17th October 2022, Rotaract club of Saveetha college of physiotherapy, sponsored by Rotary club of Royapettah, RID 3232 exchanged letter head with Rotaract club of Coimbatore Comitio, sponsored by Rotary club of Coimbatore midtown, RID 3201

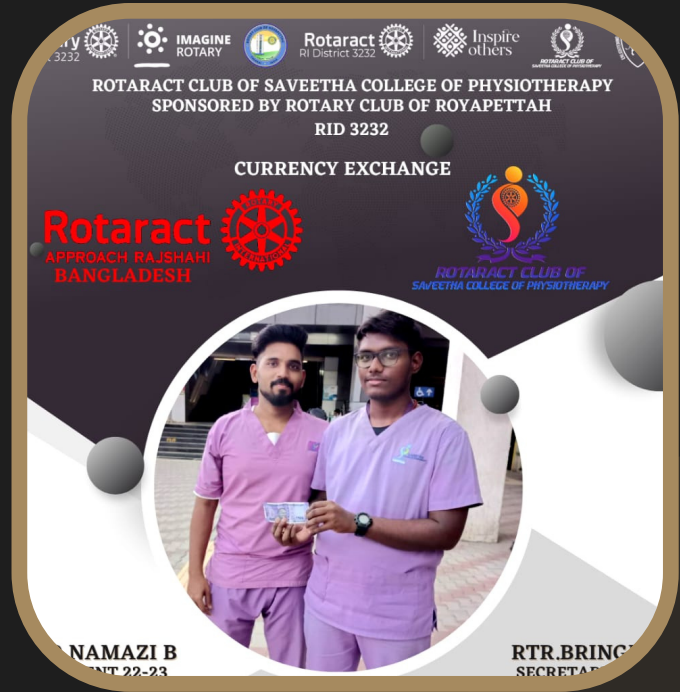
Rotary District 3232, IMAGINE ROTARY, Rotaract RI District 3232, Inspire others, ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY, SPONSORED BY ROTARY CLUB OF ROYAPETTAH, RID 3232

LETTER HEAD EXCHANGE

RTR.NAMAZI B (PRESIDENT 22-23), RTR.BRINGESH (SECRETARY 22-23)

CURRENCY EXCHANGE

The project currency exchange was done on 29th November 2022 by Rotaract club of Saveetha college of physiotherapy, sponsored by Rotary club of Royapettah, RID 3232, They exchanged currency with Rotaract club of Approach Rajshahi, Bangladesh.



NEWSLETTER EXCHANGE

The Project Newsletter exchange was done on 29th November 2022 by Rotaract club of Saveetha college of physiotherapy, sponsored by Rotary club of Royapettah, RID 3232. The exchange of Club's Newsletter was done with Rotaract club of Approach Rajshahi, Bangladesh.



CLUB PIN EXCHANGE

The Project club pin exchange was done on 29th November 2022 by Rotaract club of Saveetha college of physiotherapy, sponsored by Rotary club of Royapettah, RID 3232. The exchange of Clubpin was done with the Rotaract club of Approach Rajshahi, Bangladesh.



TICKET EXCHANGE

The Project Ticket exchange was done on 29th November 2022 by Rotaract club of Saveetha college of physiotherapy, sponsored by Rotary club of Royapettah, RID 3232. The exchange of Club ticket was done with the Rotaract club of Approach Rajshahi, Bangladesh.



YAADHUM OOREY YAAVARUM KELIR



The project "YAADHUM OOREY YAAVARUM KELIR" was an initiative to extend ties across the nation as well as the globe. Thrilled to share that we have established the mark of a beautiful relationship with Rtr.PP. Jean Yaan Vidot, DRR 22-23, RID 9220 by presenting them with our Traditional Attire (Vesthi)!!!

POSITIVE PHYSIOTHERAPY 3.0

The project "Positive physiotherapy 3.0" was a 30 days project held in the month of November. It focused on Innovative physiotherapy techniques to various health conditions. It was a social media campaign where posters containing various techniques were posted in the social media handle of Rotaract club of Saveetha college of physiotherapy @rc_scpt



LETTER HEAD EXCHANGE

The Project letter head exchange was done on 29th November 2022 by Rotaract club of Saveetha college of physiotherapy, sponsored by Rotary club of Royapettah, RID 3232. The exchange of Club's letter head was done with the Rotaract club of Approach Rajshahi, Bangladesh.



POETRY The unnamed life

It's okay to be not okay,
Life is difficult everyone agrees,
But the movements are just another level sway,
I understand everyone's old excuse decree!
Will it be difficult to hold back,
Or just nothing to hold at all,
while searching in the old rack,
I find the memories hidden tall,
Yeah it's difficult to fight the emotions,
Not more than expressing the solitude,
As new way of expression is emoticons,
That's the new definition of attitude,
I hope people believe in lively interactions,
Love, loyalty and latitude of relationships,
Because life is the just minutes of fraction,
As the death defines the new altitude of our tribuneship

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-Mythri Jain

TALENT HUB



THARUNIYA

BPT 1st Year

Saveetha College of Physiotherapy

- She has won Tamil Nadu national silambam championship gold medal 4times
- She had participated in SGFI national silambam championship

- She has won 3rd place in national Tan g-ta championship
- She has won gold for Tamil Nadu state level silambam championship.

- She has won 5 gold and 3 bronze in District level silambam championship