

# THE VERACIOUS

EXPLORING THE TRUTH



**DR.KAMALAKANNAN.M**  
EDITOR IN CHIEF

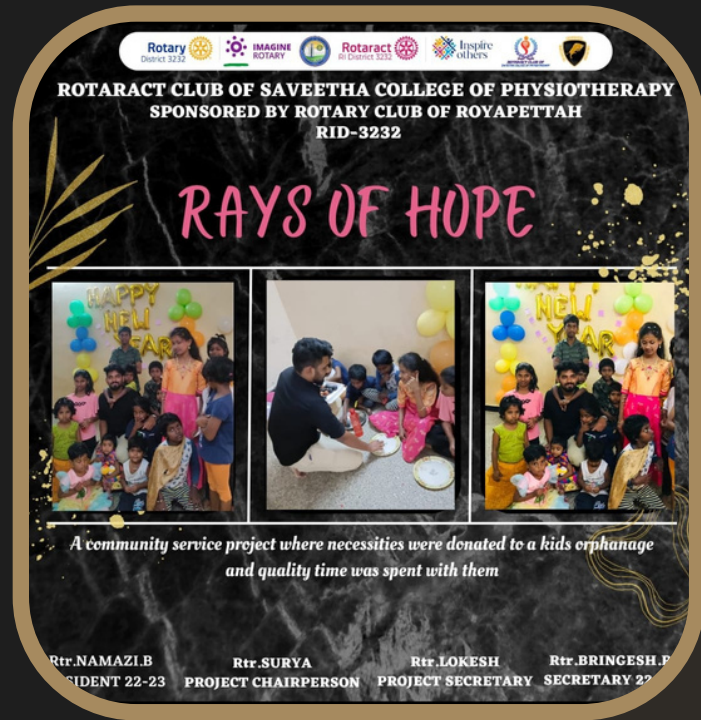
**RTR. MYTHRI JAIN**  
EXECUTIVE EDITOR

**RTR. .NAMAZI . B**  
PRESIDENT 22-23

**RTR. BRINGESH.R**  
SECRETARY 22-23

## RAYS OF HOPE

A community based project was done on 1st January, 2023, where food and other necessities were given to a kids orphanage and quality time was spent with them celebrating the occasion of New year.



## SANITARY IN

A Community based project that was done on 8th March, 2023, where menstrual hygiene education was given to all the adolescent girls with the distribution of sanitary napkins.

## UPLIFTING WOMEN

A Community based service project that was done on 8th March, 2023, where kids in orphanage were educated about menstrual cycle and its hygiene by our club members.

## CAPTURE

A Community based project that was done on 8th March, 2023, where candid pictures of the female staff was collected and were given in polaroids to them on the occasion of women's day.



## DHARSHAN

A Club service project that was done on 15th March, 2023, where the club members visited the Jain temple in chettipedu, to exchange the culture and feed their curiosity in Jainism.



## AWARENESS SESSION ON MATERNAL HEALTH



On the occasion of World Rotaract week, Rotaract Club Of Saveetha College Of Physiotherapy, Sponsored by Rotary Club Of Royapettah, RID 3232 along with Rotaract Club Of Chennai Gems, Sponsored by Rotary Club Of Chennai Gems Jintly Presented a Awareness Session on Maternal Health. Rtr. Mythri Jain, Vice president and editorial head or Rotaract club of Saveetha college of physiotherapy, was the speaker of the day. The session focused on importance of maternal health and hygiene

# THE VERACIOUS

EXPLORING THE TRUTH



ROTARACT CLUB OF  
SAVEETHA COLLEGE OF PHYSIOTHERAPY



## SHVAN

The project Shvan was done on 17 March 2023 where the club members fed the street dogs and took care of them to prevent their violent behaviour in the society on the occasion of World Rotaract week.

## STRETCH 'N' DRIVE

A community service project where the club members focused to educate transport drivers of Saveetha college of physiotherapy regarding suitable posture while driving and benefits of stretching on the occasion of World Rotaract week. They were also taught some stretching exercises



## RELIEF

A community service project where the core members along with faculty coordinator, visited a nearby village and organised a local camp to screen the villagers for pain assessment on the occasion of World Rotaract week.



## AWARENESS SESSION ON DISEASE PREVENTION



**Rotaract Club Of Saveetha College of Physiotherapy**  
Sponsored by Rotary Club Of Royapettah  
Rotary International District- 3232  
Jointly Presents

Awareness Session  
on  
**Disease Prevention**

**Rtr. Mythri Jain**  
VICE PRESIDENT & EDITORIAL HEAD  
ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY

17 March 2023  
7:00 pm Onwards

Google Meet

**Rtr. Ayush Sudhiv**  
WRW Chairman (RAC-CG)

Mr. Jagan

On the occasion of World Rotaract week, Rotaract Club Of Saveetha College Of Physiotherapy, Sponsored by Rotary Club Of Royapettah, RID 3232 along with Rotaract Club Of Chennai Gems, Sponsored by Rotary Club Of Chennai Gems Jointly Presented a Awareness Session on Disease prevention. Rtr. Mythri Jain, Vice president and editorial head or Rotaract club of Saveetha college of physiotherapy, was the speaker of the day. The session gave us a insight about prevention rather then cure.

## AWARENESS SESSION ON DISEASE PREVENTION

On the occasion of World Rotaract week, Rotaract Club Of Saveetha College Of Physiotherapy, Sponsored by Rotary Club Of Royapettah, RID 3232 along with Rotaract Club Of Chennai Gems\*, Sponsored by Rotary Club Of Chennai Gemso Jointly Presented a career guidance session on how to turn passion into career. Mr. Thulasi Raman. J Founder and Director of Chennai Premier Soccer School, Joy of Sports was the speaker of the session



**Rotaract Club Of Saveetha College of Physiotherapy**  
Sponsored by Rotary Club Of Royapettah  
Rotary International District- 3232  
Jointly Presents

Career Development Session  
on  
**HOW TO TURN YOUR PASSION INTO CAREER**

**Thulasi Raman. J**  
FOUNDER AND DIRECTOR  
CHENNAI PREMIER SOCCER SCHOOL,  
PROFESSIONAL FOOTBALL COACH

18 March 2023  
8:00 pm Onwards

Google Meet

**Rtr. Ayush Sudhiv**  
WRW Chairman (RAC-CG)

Mr. Jagan



Rotary District 3232 IMAGINE ROTARY Rotaract RI District 3232 Inspire others

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID 3232

*The Dove*

THEME: PEACE BUILDING AND CONFLICT PREVENTION

The Rotaract club of Saveetha college of Physiotherapy have united with Rotaract club of Moroni phoenix RID 9220 who are International chess players to embrace peace and harmony.

Rtr. NAMAZI. B PRESIDENT 22-23 Rtr. MUBEENA PROJECT CHAIRPERSON Rtr. THANUSHRI PROJECT SECRETARY Rtr. BRINGESH.R SECRETARY 22-23

## THE DOVE

On the occasion of World Rotaract week The Dove was organized. The Rotaract club of Saveetha college of Physiotherapy has united with Rotaract club of Moroni phoenix RID 9220 who are International chess players to embrace peace and harmony. It was conducted on 18th of March 2023

## THE BASE

The project THE BASE was conducted on the occasion of World Rotaract week to understand the responsibility of every individual to not let their community go to bed hungry. So the Rotaract club of Saveetha college of physiotherapy provided food to the community to support and encourage them. It was organized on 18th of March 2023

Rotary District 3232 IMAGINE ROTARY Rotaract RI District 3232 Inspire others

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID-3232

**THE BASE**

THEME - SUPPORTING ENVIRONMENT

It's the responsibility of every individual to not let their community go to bed hungry! So the Rotaract club of saveetha college of physiotherapy provided food to the community to support and encourage them!

Rtr. Namazi.B PRESIDENT 22-23 Rtr. Anton PROJECT SECRETARY Rtr. Jeberson PROJECT CHAIRMAN Rtr. Bringesh.R SECRETARY 22-23





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**ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY**  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID 3232

**WORLD ORAL HEALTH DAY**  
March 20

## SMILE

- A community service project on Oral hygiene

Speaker: Dr.S.Senthil Kumar,Assistant professor, Saveetha college of physiotherapy

NAMAZI.B Rtr. SUSON REEBA Rtr. VISHNU PRIYANKA Rtr. BRINGES  
Rtr. 22-23 PROJECT CHAIRPERSON PROJECT SECRETARY SECRETARY

## SMILE

The project SMILE was conducted on 20th of March 2023 where the whole community of sembarabakkam village were taught about oral hygiene on occasion of world oral health day. A camp was organized for the community to teach about the oral hygiene.

## EVERY DROP COUNTS

The project every drop counts was a community based approach held on 22nd of March 2023, where the members of Rotaract club of Saveetha college of Physiotherapy cleaned the nearby water body sources in Chamberambakkam village and spread an awareness on importance of water conservation and hygiene.

Rotary District 3232 IMAGINE ROTARY Rotaract RI District 3232 Inspire others

**ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY**  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID-3232

## EVERY DROP COUNTS

A community service project about cleanliness in and around Water body Environment

Sustainable management of freshwater resources

NAMAZI.B RTR.AKSHAYA RTR.SANDHOSH RTR.BRINGES  
Rtr. 22-23 PROJECT CHAIRPERSON PROJECT SECRETARY SECRETARY

Rotary District 3232 | IMAGINE ROTARY | Rotaract RI District 3232 | Inspire others

**ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY**  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID-3232

## SHE

A community service project on Menstrual hygiene education and distribution of sanitary napkin, to a primary health care centre.



RTR.NAMAZI.B  
PRESIDENT 22-23

RTR.SANJANA  
PROJECT CHAIRPERSON

RTR. SHREENIDHI  
PROJECT SECRETARY

RTR.BRINGESH  
SECRETARY

## SHE

The project SHE was conducted was conducted on 24th of March 2023, The members of Rotaract club of Saveetha college of Physiotherapy donated sanitary napkins to the Primary health care center to commemorate all the women working for the society.

## GO AHEAD

The project Go ahead was conducted on 24th of March 2023 where the Rotaract club of Saveetha college of physiotherapy organized a rally with the faculty coordinator Dr. Kamalakanna to create an awareness on water conservation in Chembarambakkam village.

Rotary District 3232 | IMAGINE ROTARY | Rotaract RI District 3232 | Inspire others

**ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY**  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID-323222

**WORLD WATER DAY**

## GO AHEAD

Awareness rally on Water conservation



RTR.NAMAZI.B  
PRESIDENT 22-23

RTR. LOKESH  
PROJECT CHAIRPERSON

RTR.JEBERSON  
PROJECT SECRETARY

RTR.BRINGESH  
SECRETARY



Rotary District 3232 IMAGINE ROTARY Rotaract At District 3232 Inspire others

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID-3232

**ECO**

A community service project on making the environment a plastic free zone

Save Earth, save lives

Rtr.NAMAZI.B  
PRESIDENT 22-23

Rtr.MONICA  
PROJECT CHAIRPERSON

Rtr.SIVARAGHAV  
PROJECT SECRETARY

Rtr.BRINGES  
SECRETARY

## ECO

The project ECO was conducted on 26th March 2023 where the club members of Rotaract club of Saveetha college of physiotherapy cleaned the environment to make it a plastic free zone in chembarabbakam village. The awareness was created on usage of reusable bags.

## BOVINES

The project Bovines was conducted on 28th March 2023. It was a community based project where the Rotaract members of Rotaract club of Saveetha college of Physiotherapy fed the cattle in the chembarambakkam village.

Rotary District 3232 IMAGINE ROTARY Rotaract At District 3232 Inspire others

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY  
SPONSORED BY ROTARY CLUB OF ROYAPETTAH  
RID-3232

**BOVINES**

A community service project where the cattle in a local village were fed

"I do not believe there was ever a life more attractive than life on a cattle ranch"

Rtr.NAMAZI.B  
PRESIDENT 22-23

RTR.YUKTHA  
PROJECT CHAIRPERSON

RTR.SAJJAN  
PROJECT SECRETARY

RTR.BRINGES  
SECRETARY



## TALENT HUB



### HEMA PRIYA.S

BPT 4th Year

Saveetha College of Physiotherapy

- Runner in 2022 Table tennis conducted by Chettinad Academy of Research and Education
- Winner in 2022 for Tug of War conducted by Chettinad Academy of Research and Education
- 2nd place in 2023 for Kabaddi conducted by Saveetha University

- Winner in 2023 Throw Ball Event conducted by Sri Ramachandra Institute of Higher Education and Research
- Third Place in 2022 Throw Ball conducted by SRM University
- Participant in 2022 for 14th Inter Collegiate Throwball Championship conducted by Chennai District Throwball Association

- Winner in 2023 for Throw Ball Conducted by Saveetha University
- First Place in 2023 for Throw Ball Conducted by Saveetha University
- Runner in 2022 for Throwball conducted by Saveetha University

