



THE VERACIOUS

EXPLORING THE TRUTH

ROTARACT CLUB OF
SAVEETHA COLLEGE OF PHYSIOTHERAPY

DR.KAMALAKANNAN.M
EDITOR IN CHIEF

RTR. MYTHRI JAIN
EXECUTIVE EDITOR

RTR. SHAHEEN.I
PRESIDENT 21-22

RTR. NAMAZI.B
SECRETARY 21-22



MOUTH AWARE

Mouth aware was an orientation program conducted by the senior assistant professor or dentist and maxilo-facial surgeon and our president of the rotary club of royapettah Dr.Senthil kumar talked about oral cancer and its prevention measures. It was conducted on 26th November 2021 on zoom.



DELIGHTFUL VEGAN



Delightful vegan was a lunch party organized for all the rotaract members on 12 th November 2022,to get to know their hobbies and interest and have a fun- filled session to bond over and deepened the fellowship between each member.



M E N - T I O N M E N

Rotary District 3232 SERVE TO CHANGE LIVES Rotaract Rotary Club 3232

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY
SPONSORED BY ROTARY CLUB OF ROYAPETTAH
RID - 3232

MEN-TION MEN

It is time to recognise and honour the contributions and sacrifices that a man makes for his family and society

#woMENforMEN

RTR . SHAHEEN . I PRESIDENT 21-22
RTR . JANANI . M PROJECT CHAIR PERSON
RTR . NIKHILLA PROJECT SECRETARY
RTR . NAMAZI . B SECRETARY 21-22

On international men's day, we decided to surprise all the members by cutting the cake and giving them some memorable gifts to commemorate the day. It was to make them feel special on that occasion. It was held on 19th November 2021.

M A G I Z H

Rotary District 3232 SERVE TO CHANGE LIVES Rotaract Rotary Club 3232

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY
SPONSORED BY ROTARY CLUB OF ROYAPETTAH
RID - 3232

மகிழ்
-a club service project-

"Alone we can do so little; together we can do so much".

RTR . SHAHEEN I PRESIDENT 21-22
RTR . SUSON REEBA PROJECT CHAIR PERSON
RTR . DEEPIKA PROJECT SECRETARY
RTR . NAMAZI B SECRETARY 21-22

Magizh was a picnic organized for our rotaract members to have an outdoor play session with nature. It was to deepen our friendship and have a great time with our club members.

J A U N T

Good time and crazy friends are equal to good memories. The jaunt was a happy day spent well with our rotaractors where we went out and had fun and enjoyment.

Rotary District 3232 SERVE TO CHANGE LIVES Rotaract Rotary Club 3232

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY
SPONSORED BY ROTARY CLUB OF ROYAPETTAH
RID - 3232

J A U N T

The way a team plays as a whole determines its success.

RTR . SHAHEEN . I PRESIDENT 21-22
RTR . SANDHOSH PROJECT CHAIR PERSON
RTR . VARSHINI PROJECT SECRETARY
RTR . NAMAZI . B SECRETARY 21-22



NEPTUNE

It was a small club get-together to spend a little more time and increase the bond between the fellowship. It was a club service program to improve the functional aspect and administrative aspects of the club by conducting a meeting besides the enjoyment



Rotary District 3232 | SERVE TO CHANGE LIVES | Rotaract Rotary District 3232

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY
SPONSORED BY ROTARY CLUB OF ROYAPETTAH
RID - 3232

NEPTUNE



Any time people come together in a meeting, we're not necessarily getting the best ideas; we're just getting the ideas of the best talkers.

RTR . SHAHEEN . I RTR . LOKESH RTR . PRATHEEPA RTR . NAMAZI . B
PRESIDENT 21-22 PROJECT CHAIR PERSON PROJECT SECRETARY SECRETARY 21-22

HAVEN

The rotaract club of saveetha college of physiotherapy sponsored by the rotary club of Royapettah RID 3232 donated tarpaulin sheets for all the destructed huts caused due to heavy rain. It was conducted on 12th December 2021 in Poondi Thiruvallur. It was done with our Rotary president of rotary club of Royapettah Dr. Senthil kumar.



Rotary District 3232 | SERVE TO CHANGE LIVES | Rotaract Rotary District 3232

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY
SPONSORED BY ROTARY CLUB OF ROYAPETTAH
RID - 3232

HAVEN



"Service to others is the rent you pay for your room here on earth."

RTR . SHAHEEN . I RTR . GREESHMA RTR . JAI G RTR . NAMAZI . B
PRESIDENT 21-22 PROJECT CHAIR PERSON PROJECT SECRETARY SECRETARY 21-22



VAW

It was a great initiative taken to protect the rights of women and violence against women by the rotaract club of Kathmandu metro R.I district 3292 in association with the rotaract club of saveetha college of physiotherapy sponsored by Royapettah RID 3232. It was a great discussion about various ways and different rights to protect women at home and outdoor. It was held on 27th November 2021.

Rotary District 3232 SERVE TO CHANGE LIVES Rotaract History District 3232 Rotaract Rotary Club Nepal Club of Kathmandu Metro

ROTARACT CLUB OF SAVEETHA COLLEGE OF PHYSIOTHERAPY
SPONSORED BY ROTARY CLUB OF ROYAPETTAH
RID - 3232
ASSOCIATE WITH
ROTARACT CLUB OF KATHMANDU METRO R.I.DISTRICT 3292

VAW
-Violence against women-

DATE 27/11/2021

We must unite , violation against women cannot be tolerated, in any form , In any context , in any circumstance by any political leader or by any government

RTR . SHAHEEN . I RTR . MYTHRI JAIN RTR . PRAISON RTR . NAMAZI . B
PRESIDENT 21-22 PROJECT CHAIR PERSON PROJECT SECRETARY SECRETARY 21-22

MYTH VS FACT BUSTERS

MYTH



Physiotherapy is only for injuries and accidents

FACT



Physiotherapy is a diverse health care practice that helps prevent injury & pain.