Institute Name	SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES
Discipline	Physiotherapy

Sponsored Research Projects

<u>S.N</u> <u>o</u>	Financ ial year	Name of the Student	Name of Faculty (Principal Investigator)	Name of the funding agency	Title of the project	Sanctioned order no	Sanctioned date	Total Amount Sanctioned (In Rupees)	Amount Received (In Rupees) during the year	Amount received in Rupees (in words)
1	2019- 2020	Pavithra.M	Dr.M.Manikumar	Technomed Electronics	The Effects of Foam Roller On Hamstring Flexiblity In Healthy Adults	SCPT/P/19/01	26/08/2019	7000	7000	Seven Thousand
2	2019- 2020	Akbar.J, Yuvarani.N	Dr. Jibu Jeroge Varghese	Technomed Electronics	Validity And Reliability of A Self Designed Functional Shoulder Questionnaire For Healthy Population	SCPT/P/19/02	27/08/2019	5,000	5000	Five Thousand
3	2019- 2020	Akshaya Kannan	Dr.K.Kotteswaran	Oneness Physiotherap y and Rehabilitation Clinic	Effect of Aerobic Exercise Training On Anxiety In Children With Developmental Coordination Disorder	SCPT/P/19/03	26/08/2019	6,000	6000	Six Thousand
4	2019- 2020	Ananthi.D	Dr. M.V. Sowmya	Technomed Electronics	A Study To Evaluate The Effect Of Hamstrinc And Ankle Rotators Strengthening In Osteoarthritis Of Knee	SCPT/P/19/04	26/08/2019	5,000	5000	Five Thousand
5	2019- 2020	Ankita Das	Dr.JeniferAugustina	O2 Health Studio	A Study On Effectiveness Of Transcutaneous Electrical Nerve Stimulation With Myofascial Release In Upper Trapezitis	SCPT/P/19/05	28/08/2019	7,000	7000	Seven Thousand
6	2019- 2020	Aswathy.B	Dr. K.Kotteeswaran	SM Care India	Effect of Work Place Activities Causing Low Back Pain In Healthcare Professionals-A Survey	SCPT/P/19/06	26/08/2019	5,000	5000	Five Thousand
7	2019- 2020	Azaurdeen.K	Dr.A.Kumaresan	Technomed Electronics	Effectiveness of Pharyngeal Electrical Stimulation (Pes) on Masseter Muscle Width Among Subjects With Post Stroke Dysphagia	SCPT/P/19/07	27/08/2019	5,000	5000	Five Thousand
8	2019- 2020	Bhavani.G, Vishnu Priya.S	Dr. Kumaresan	O2 Health Studio	Effectiveness Of Pharyngeal Electrical Stimulation(Pes) on Swallowing Duration Amoung Subjects With Post Stroke Dysphagia	SCPT/P/19/08	28/08/2019	3,000	3000	Three Thousand
9	2019- 2020	Chandhini.S	Dr.M.Manikumar	O2 Health Studio	Comparative Effect Of Two Modes of Kinetic Chain Exercises on Quadriceps Muscle Strength And Thigh Girth Among The Individuals With Knee Osteoarthritis	SCPT/P/19/09	26/08/2019	5,000	5000	Five Thousand
10	2019- 2020	Dharani.K	Dr.Jagatheesan Alagesan	General Meditronics	Effectiveness of Deep Neck Flexor Along With Tens For Chronic Mechanical Neck Pain	SCPT/P/19/10	26/08/2019	5,000	5,000	Five Thousand
11	2019- 2020	Dinesh Adinath.V	Dr.M.V.Sowmiya	General Meditronics	A Study to Compare The Effect Of Medial Versus Lateral Hamstring Strengthening Exercises To Osteoarthritis of Knee	SCPT/P/19/11	29/08/2019	4,000	4,000	Four Thousand
12	2019- 2020	Evangelin.I	Dr.J.Saravan Kumar	O2 Health Studio	The Effect Of Jack-Knife Stretching Promotes Flexibility Of Tight Hamstrings In Young Adults	SCPT/P/19/12	26/08/2019	5,000	5,000	Five Thousand

13	2019- 2020	Ezhilarasi.S	Dr.JeniferAugustina	General Meditronics	A Comparison of Aerobic Training And Core Muscle Strengthening Exercises In Primary Dysmenorrhea	SCPT/P/19/13	27/08/2019	5,000	5,000	Five Thousand
14	2019- 2020	Fathima Nachiyar.J	Dr. Anitha	SM Care India	Effectiveness of Global Postural Re- Education In Subjects With Chronic Non- Specfic Neck Pain	SCPT/P/19/14	26/08/2019	7,000	7,000	Seven Thousand
15	2019- 2020	Gayathri.K	Dr.M.KamalaKanna n	General Meditronics	Efficacy of Lumbar Stabilization Exercises With Hollowing And Bracing Strategies In Lumbar Degenerative Disease	SCPT/P/19/15	27/08/2019	5,000	5,000	Five Thousand
16	2019- 2020	Hemigreta.A	Dr. K. Kotteeswaran	SM Care India	Effectiveness of Functional Weight Bearing Exercises On Pain And Function In People With Osteoarthritis Of Knee Joint	SCPT/P/19/16	26/08/2019	5,000	5,000	Five Thousand
17	2019- 2020	Iragavi.M.R	Dr.K.Kotteswaran	O2 Health Studio	Effectiveness of Functional Weight Bearing Exercise on Pain And Function In People With Osteoarthritis Of Knee.	SCPT/P/19/17	28/08/2019	5,000	5,000	Five Thousand
18	2019- 2020	Julkanthi Vishnu Vardhan	Dr. Jibu Jeroge Varghese	Technomed Electronics	Validity And Reliability Of A Self Designed Functional Ankle Questionnaire For Healthy Population	SCPT/P/19/18	28/08/2019	5,000	5,000	Five Thousand
19	2019- 2020	Karthick Raj.V	Dr.A.Anitha	Oneness Physiotherap y and Rehabilitation Clinic	The Effect Of Laser Therapy With Kinesiotaping In Subject With Pes Anserinus Bursitis	SCPT/P/19/19	26/08/2019	5,000	5,000	Five Thousand
20	2019- 2020	Kavitha.K	Dr. Anitha	Oneness Physiotherap y and Rehabilitation Clinic	A Study on Effectiveness Of Global Postural Reeducation Technique In Subjects With Chronic Non Specific Neck Pain	SCPT/P/19/20	27/08/2019	5,000	5,000	Five Thousand
21	2019- 2020	Kaviya.A	Dr.S.Senthil Kumar	Technomed Electronics	Effectiveness of Laser Therapy With Mobilization Techniques In Dequervains Tenosynovitis	SCPT/P/19/21	27/08/2019	5,000	5,000	Five Thousand
22	2019- 2020	Keerthana Sri.L.B	Dr.Jibu George Varghese	SM Care India	Study To Analyse The Influence Of Correcting The Protracted Shoulder to Reverse The Flexible Forward Head Posture In Healthy Population"	SCPT/P/19/22	26/08/2019	5,000	5,000	Five Thousand
23	2019- 2020	Kowsalya.S.A	Dr.JeniferAugustina	SM Care India	Effectiveness Of Hip Strengthening Exercises In The Treatment Of Plantar Fasciitis	SCPT/P/19/23	28/08/2019	5,000	5,000	Five Thousand
24	2019- 2020	Magesh.D	Dr. Kamala Kannan	General Meditronics	Efficacy of Lumbar Stabilization Exercises with Hollowing and Bracing Strategies in Lumbar Degenerative Disease	SCPT/P/19/24	28/08/2019	3,000	3,000	Three Thousand
25	2019- 2020	Maria Nikita.M	Dr.A.Anitha	Ultimate Biomed Systems and services	A Study on The Effectiveness of Suboccipital Muscle Release Technique On Hamstring Tightness In College Students	SCPT/P/19/25	27/08/2019	5000	5,000	Five Thousand
26	2019- 2020	Mary Stella.S	Dr. Kamala Kannan	SM Care India	Effect of Shoulder Stabilization Exercise On Pain And Functional Activity For Lateral Epicondylitis	SCPT/P/19/26	26/08/2019	5000	5,000	Five Thousand
27	2019- 2020	Monisha.G	Dr.A.Anitha	Ultimate Biomed Systems and services	A Study on The Effectiveness Of Suboccipital Muscle Release Technique on Hamstring Tightness In College Students	SCPT/P/19/27	27/08/2019	7000	7,000	Seven Thousand

28	2019- 2020	Mooppanar Vaishnavi Rajasegaran, Saranaya.S	Dr. S. Senthilkumar	Oneness Physiotherap y and Rehabilitation Clinic	A Study on Effectiveness of Russian Current With Vastus Medicalis Oblique Training In Patellofemoral Pain Syndrome Among Housewives	SCPT/P/19/28	27/08/2019	5000	5,000	Five Thousand
29	2019- 2020	Muminul Sumaya.A	Dr.N.Senthil Kumar	General Meditronics	Efficacy of Resisted Exercise In Knee Osteoarthritis Among Female Population	SCPT/P/19/29	26/08/2019	5000	5,000	Five Thousand
30	2019- 2020	Naidu Kesavan Gopal	Dr. M. Manikumar	Technomed Electronics	Comparative Effect of Two Modes Of Kinetic Chain Exercises on Quadriceps Muscle Strength And Thigh Among Individuals With Knee Osteoarthritis.	SCPT/P/19/30	26/08/2019	6,000	6,000	Six Thousand
31	2019- 2020	Narmatha.J, Nivetha.K	Dr. S. Senthilkumar	Ultimate Biomed Systems and services	A Study on Effectiveness Of Laser Therapy And Splinting Compared With Conventional Therapy For Lateral Epicondylitis	SCPT/P/19/31	28/08/2019	5,000	5,000	Five Thousand
32	2019- 2020	Nirmala Devi.S	Dr.J.Saravan Kumar	O2 Health Studio	A Comparative Study Of Effectiveness In Open- Kinematic Chain Exercises And Aerobic Exercises In The Individuals With Osteoarthritis Of Knee	SCPT/P/19/32	26/08/2019	5,000	5,000	Five Thousand
33	2019- 2020	Nowfal Mohamed.G	Dr.JeniferAugustina	Ultimate Biomed Systems and services	A Comparison of Aerobic Training And Core Muscle Strengthening Exercises In Primary Dysmenorrhea	SCPT/P/19/33	26/08/2019	5,000	5,000	Five Thousand
34	2019- 2020	Polu Sai Kumar	Dr. Jibu Jeroge Varghese	General Meditronics	Validity And Reliability Of A Self Designed Functional Ankle Questionnaire For Healthy Population	SCPT/P/19/34	26/08/2019	5,000	5,000	Five Thousand
35	2019- 2020	Poojaa.K, Thirumal.S	Dr.B.Sujatha	General Meditronics	To Evaluate Sleep Pattern In Children With And Without Developmental Coordination Disorder.	SCPT/P/19/35	26/08/2019	6,000	6,000	Six Thousand
36	2019- 2020	Poongothai.S	Dr.M.Manikumar	SM Care India	The Effects of Foam Roller On Hamstring Flexibility In Healthy Adults.	SCPT/P/19/36	26/08/2019	5,000	5,000	Five Thousand
37	2019- 2020	Priya.A	Dr.M.V.Sowmiya	General Meditronics	A Study To Compare The Effect Of Medial Versus Lateral Hamstring Strengthening Exercises To Osteoarthritis Of Knee	SCPT/P/19/37	26/08/2019	5,000	5,000	Five Thousand
38	2019- 2020	Priya.R, Sridharan.B	Dr.J.Muthu Kumaran	General Meditronics	Comparison of Electromyographic Activity In Trunk, Hip, Thigh Muscles In Three Variations Of Squats Among Healthy Individuals	SCPT/P/19/38	26/08/2019	5,000	5,000	Five Thousand
39	2019- 2020	Rajameena.R	Dr. B. Sujatha	SM Care India	Effect of Aerobic Exercise Training On Anxiety In Children With Developmental Coordination Disorder	SCPT/P/19/39	26/08/2019	5,000	5,000	Five Thousand
40	2019- 2020	Rajesh.G	Dr.J.Saravan Kumar	Technomed Electronics	The Effect Of Mat Exercise On Body Composition In Overweight And Obese Adults	SCPT/P/19/40	26/08/2019	5,000	5,000	Five Thousand
41	2019- 2020	Ramya Bharathi.P	Dr.M.KamalaKanna n	Ultimate Biomed Systems and services	Effect of Shoulder Stabilization Exercise On Pain And Quality of Life For Lateral Epicondylitis.	SCPT/P/19/41	26/08/2019	5,000	5,000	Five Thousand
42	2019- 2020	Rupesh Kumar.B	Dr.M.V.Sowmiya	Technomed Electronics	A Study To Evaluate The Effect Of Hamstring And Ankle Rotators Strengthening Exercises In Osteoarthritis Of Knee	SCPT/P/19/42	26/08/2019	5,000	5,000	Five Thousand

43	2019- 2020	Selvarasu.R	Dr.A.Anitha	Technomed Electronics	Effect Of Kinesiotaping Technique In Subject With Subacromial Impingement Syndrome.	SCPT/P/19/43	26/08/2019	5,000	5,000	Five Thousand
44	2019- 2020	Shankar.V	Dr. N. Senthilkumar	SM Care India	Efficacy of Resisted Exercise In Knee Osteoarthritis Among Female Population.	SCPT/P/19/44	26/08/2019	7,000	7,000	Seven Thousand
45	2019- 2020	Sneha.K	Dr. Jibu Jeroge Varghese	SM Care India	A Study to Analyse The Influence Of Correcting Protracted Shoulder To Reverse Flexible Forward Head Posture	SCPT/P/19/45	26/08/2019	5,000	5,000	Five Thousand
46	2019- 2020	Syed Rabiya.M.I, Syed Shameer.M	Dr.S.Senthil Kumar	Oneness Physiotherap y and Rehabilitation Clinic	Measurement of Torque In Hand Rehabilitation – A Systemic Review	SCPT/P/19/46	26/08/2019	7,000	7,000	Seven Thousand
47	2019- 2020	Tejasri.S, Venkatesh.C	Dr.J.Muthu Kumaran	General Meditronics	Effect Of Two Different Calf Raise On Lower Body Power.	SCPT/P/19/47	26/08/2019	5,000	5,000	Five Thousand
48	2019- 2020	Thahira Parveen.G	Dr.Jagatheesan Alagesan	SM Care India	Effectiveness of Deep Cervical Flexor Exercise Along With Tens for Chronic Mechanical Neck Pain	SCPT/P/19/48	26/08/2019	6,000	6,000	Six Thousand
49	2019- 2020	Usha.K	Dr.J.Saravan Kumar	Technomed Electronics	Comparative Study of Effectiveness in Open- Kinematic Chain Exercises and Aerobic Exercises in the Individuals with Osteoarthritis of Knee.	SCPT/P/19/49	26/08/2019	7,000	7,000	Seven Thousand