Institute Name	SAVEETHA INSTITUTE OF MEDICAL AND TECHNICAL SCIENCES
Discipline	Physiotherapy

## Sponsored Research Projects

<u>S.No</u>	Financial Year	Name of Faculty (Principal Investigator)	Name of the Student	Name of the Funding Agency	Title of the Project	Sanctioned order no	Sanctioned date	Total Amount Sanctioned (In Rupees)	Amount Received	Amount received in Rupees (in words)
1	2018-19	Dr.J.Saravan Kumar	A. Mahalakshmi	O2 Health Studio,Chennai	Effect of High Intensity Aerobic Exercise On Memory Among Healthy Adults	SCPT/P/18/01	22/08/2018	5000	5000	Five Thousand
2	2018-19	Dr.M.KamalaKannan	R. Sathya Lakshmi	Technomed Electronics, Chennai	Study on Effectiveness of Kaltenborn Mobilization Technique To Improve The Shoulder Rotation In Periarthritis Of Shoulder"	SCPT/P/18/02	22/08/2018	5000	5000	Five Thousand
3	2018-19	Dr.M.V.Sowmiya	S. Sriram	Technomed Electronics, Chennai	Effectiveness of High Load Strength Training In Subjects With Chronic Plantar Fasciitis	SCPT/P/18/03	22/08/2018	5000	5000	Five Thousand
4	2018-19	Dr.M.Manikumar	M.G. Kaviya	Technomed Electronics, Chennai	" A Study on Effect of Transcutaneous Electrical Nerve Stimulation With Stretching And Exercises In Restless Leg Syndrome Among Pregnant Women"	SCPT/P/18/04	23/08/2018	5000	5000	Five Thousand
5	2018-19	Dr. N. Senthilkumar	S. Mohaneshvari	Technomed Electronics, Chennai	" A Study To Analyze The Effects f Resistance Training In Obese College Students"	SCPT/P/18/05	23/08/2018	5000	5000	Five Thousand
6	2018-19	Dr. K.Kotteeswaran	K. Priyadharshini	Technomed Electronics, Chennai	A Study To Comapare The Effect of Upper Limb Exercises Verses Lower Limb Exercises In Control of Blood Glucose Level In Subjects With Type 2 Diabetes Mellitus	SCPT/P/18/06	23/08/2018	5000	5000	Five Thousand
7	2018-19	Dr.M.Manikumar	V. Kavitha	Oneness Physiotherapy& Rehabilitation Clinic, Chennai	Prevalence of Shoulder Dysfunction Among The Local Adult Population In Chennai District	SCPT/P/18/07	23/08/2018	5000	5000	Five Thousand
8	2018-19	Dr. Kumaresan	N. Harini	Technomed Electronics, Chennai	Effect of Standard And Specific Exercise For Postural Balance In Postmenopausal Women	SCPT/P/18/08	23/08/2018	5000	5000	Five Thousand
9	2018-19	Dr.M.Manikumar	R. Tamil Selvi	Technomed Electronics, Chennai	Effectiveness of Craniosacral Therapy Compared To Standard Treatment For Pelvic Girdle Pain During Pregnancy: A Quasi - Experimental Study	SCPT/P/18/09	28/08/2018	5000	5000	Five Thousand

10	2018-19	Dr.Jagatheesan Alagesan	M.Sandhya	General Meditronics, Chennai	A Study On Effectiveness Of Ergonomic Risk Management Programme To Reduce Musculoskeletal Symptoms Among Icu Nurses	SCPT/P/18/10	28/08/2018	5000	5000	Five Thousand
11	2018-19	Dr.M.V.Sowmiya	Mubarak. H	Ultimate Biomed System,Chennai	Effectiveness Of Neuro Muscular Electrical Stimulation (Names) For Geniohyoid Muscle Among Subject With Post Stroke Dysphagia	SCPT/P/18/11	28/08/2018	5000	5000	Five Thousand
12	2018-19	Dr.J.Saravan Kumar	R. Sanjana R.Sharmila	O2 Health Studio,Chennai	Comparison of Battle Rope Exercise And Upper Body Plyometrics In Upper Body Power	SCPT/P/18/12	28/08/2018	5000	5000	Five Thousand
13	2018-19	Dr.JeniferAugustina	V. Hemaa Shree	Ultimate Biomed System, Chennai	Effectiveness of Ultrasound Therapy on Oral Submucosal Fibrosis	SCPT/P/18/13	28/08/2018	5000	5000	Five Thousand
14	2018-19	Dr. Anitha	Saajan S.A	Fitnessone, Chennai	Efficacy of Pedometry And Pulmonary Rehabilitation On Copd Patients - Quasi Expermental Study	SCPT/P/18/14	28/08/2018	5000	5000	Five Thousand
15	2018-19	Dr.M.KamalaKannan	A. Indusha K.Anandhi	Technomed Electronics, Chennai	Effect 0f Interferential Therapy And Resistance Exercise To Reduce The Risk of Severe Osteoarthritis In Postmenopausal Women Having Primary Knee Osteoarthritis	SCPT/P/18/15	28/08/2018	5000	5000	Five Thousand
16	2018-19	Dr. K. Kotteeswaran	G. Dharshini	Fitnessone, Chennai	Effects of Step Up Exercise on Gait Parameters Among Diabetic Peripheral Neuropathy	SCPT/P/18/16	28/08/2018	5000	5000	Five Thousand
17	2018-19	Dr.K.Kotteswaran	J. Boaz	Oneness Physiotherapy& Rehabilitation Clinic	Influence of Ankle Mobilization And Active Stretching on Low Back Pain In Pronated Foor Subjects	SCPT/P/18/17	28/08/2018	5000	5000	Five Thousand
18	2018-19	Dr. Jibu Jeroge Varghese	P.C. Sivakeerthana H.Sumaiya Begum	Fitnessone, Chennai	Effectiveness of Eccentric Calf Muscle Training For Chronic Acthilles Tendinosis Among Female Athletes	SCPT/P/18/18	28/08/2018	5000	5000	Five Thousand
19	2018-19	Dr.A.Anitha	P.Rajashree S.Sharmila	Oneness Physiotherapy& Rehabilitation Clinic ,Chennai	Effectiveness of Pain Education In Chronic Low Back Pain Patients In Decreasing Pain And Improving Function	SCPT/P/18/19	29/08/2018	5000	5000	Five Thousand
20	2018-19	Dr.S.Senthil Kumar	Sasmitha.R Pooja Babulalaiji	Oneness Physiotherapy& Rehabilitation Clinic ,Chennai	To Compare The Effects of Three Types of Exercise Programmes For Pelvic Girdle Pain During Pregnancy	SCPT/P/18/20	29/08/2018	5000	5000	Five Thousand
21	2018-19	Dr. Jibu Jeroge Varghese	S. Bishy Percy Princilla N.B.Anu	Oneness Physiotherapy& Rehabilitation Clinic ,Chennai	Effectiveness of Early Standing Practice On Postural Control In Hemiplegic Subjects	SCPT/P/18/21	30/08/2018	5000	5000	Five Thousand

22	2018-19	Dr.A.Anitha	S. Jasmine Suganthi Sweeta S. Fouzia Begum	O2 Health Studio,Chennai	Efficacy of An Eccentric Training on Rotator Cuf Tendinosis Among Diabetes Patients	SCPT/P/18/22	30/08/2018	5000	5000	Five Thousand
23	2018-19	Dr.JeniferAugustina	B. Monisha S. Pavithra	Sm Care India,Chennai	A Study To Find The Validity of Specific Retraining Interdisciplinary Technique For Improving Functional Deceline In Geriatrics Patients	SCPT/P/18/23	30/08/2018	5000	5000	Five Thousand
24	2018-19	Dr.A.Anitha	G. Dhivya Sahiya Faheem.M	Sm Care India,Chennai	The Prevalence of Ankle Dysfunction Among The Young Adult Population Urban Setup In Chennai	SCPT/P/18/24	30/08/2018	5000	5000	Five Thousand
25	2018-19	Dr. Kamala Kannan	Madhumita. A Farzunissa. U	General Meditronics, Chennai	Effects of Eight Weks Exercise Program on Physical Activity For Type 2 Diabetes Mellitus And Hypertensive Patients	SCPT/P/18/25	3-9-2018	5000	5000	Five Thousand
26	2018-19	Dr. Kamala Kannan	R. Vignesh S.Sharmila	General Meditronics, Chennai	Effectiveness of Closed Kinematic Chain Exercises For Improving Balance And Joint Position Sense In Osteoarthritis Of Knee Joint	SCPT/P/18/26	3-9-2018	5000	5000	Five Thousand
27	2018-19	Dr.A.Anitha	J. Vanitha G.Aishwarya Kiran	General Meditronics, Chennai	Effect of Respiratory Muscule Training With Wind Instrument Among Obese Individuals	SCPT/P/18/27	5-9-2018	5000	5000	Five Thousand
28	2018-19	Dr. S. Senthilkumar	Abdul Rahima. A Vinoliya. N	General Meditronics, Chennai	Effectiveness of Proparioceptive Neuromuscular Facilitation on Quality Of Life In Patients After Coronary Artery Bypass Surgery	SCPT/P/18/28	5-9-2018	5000	5000	Five Thousand
29	2018-19	Dr.JeniferAugustina	S. Nandhini V.Manigandan	Fitnessone, Chennai	Effect of Ultrasound And Calf Stretching In Relieving Gastrocnemius Tigtness In Subjects With Plantar Ascitis	SCPT/P/18/29	5-9-2018	5000	5000	Five Thousand
30	2018-19	Dr. M. Manikumar	S. Keerthana R.Madhu Mathi	Sm Care India,Chennai	Effectiveness of Knee Extensor Strengthening Exercises With And Without Gluteus Strengthening Exercises In Female Workers With Patellofemoral Pain Syndrome	SCPT/P/18/30	5-9-2018	5000	5000	Five Thousand
31	2018-19	Dr.K.Kotteswaran	Visali S.J Ahmed Meeran S	Sm Care India,Chennai	Effectiveness of Functional Activity Based Training To Improve Functional Performance In Patients With Adhesive Capsulitis	SCPT/P/18/31	5-9-2018	5000	5000	Five Thousand
32	2018-19	Dr. S. Senthilkumar	A. Afrose Fathima S. Yuvaraj	Sm Care India,Chennai	A Comparative Study of Proprioceptive Neuromuscular Facilitation And Mukenzie Exercises In Mechanical Neck Pain Among Office Workers	SCPT/P/18/32	5-9-2018	5000	5000	Five Thousand
33	2018-19	Dr.JeniferAugustina	M. Sukhirtha E.Anusha	Sm Care India,Chennai	A Study on Efficacy of Reflex Locomotion Therapy In Low Back Pain	SCPT/P/18/33	5-9-2018	5000	5000	Five Thousand

34	2018-19	Dr. Jibu Jeroge Varghese	T. Hemalatha S.Akilaa	Ultimate Biomed System, Chennai	Effects of Skin Stretch Sensory Stimulion on Dynamic Balance In Subjects With Diabetic Neuropathy	SCPT/P/18/34	5-9-2018	5000	5000 Five Thousand
35	2018-19	Dr.J.Muthu Kumaran	Giridharan S Sathish Kumar. S	Ultimate Biomed System, Chennai	Effect of High Intensity Interval Training on Cognition Young Adults	SCPT/P/18/35	5-9-2018	5000	5000 Five Thousand
36	2018-19	Dr. B. Sujatha	D. Nandhini M.Vaishnavi	General Meditronics, Chennai	Effectiveness of Putty Exercise To Improve Pinch Strength In Stroke Patients	SCPT/P/18/36	5-9-2018	5000	5000 Five Thousand
37	2018-19	Dr.J.Muthu Kumaran	Nivetha. A Gayathri. M	Ultimate Biomed System, Chennai	A Study To Evaluate Sms Thumb In Smartphone Users Among Collee Students	SCPT/P/18/37	5-9-2018	5000	5000 Five Thousand
38	2018-19	Dr.J.Muthu Kumaran	B. Krithikaa P.Harini	General Meditronics, Chennai	The Efectiveness of Kinesiotherapy In Females With Pelvic Organ Prolapse	SCPT/P/18/38	5-9-2018	5000	5000 Five Thousand
39	2018-19	Dr.K.Kotteswaran	Keerthana.B Sathya Priya. M	General Meditronics, Chennai	Effectiveness of Intensive Repetitive Facilitation Exercise On Hand Motor Recovery In Hemiplegic Subjects	SCPT/P/18/39	5-9-2018	5000	5000 Five Thousand