

GURUPADIGAM



28.02.2022 to 05.03.2022



Physiotherapy Clinical Services

OPD Cases	280
IP Cases	204



International Women's day Webinar Series 28.02.2022-05.03.2022

Saveetha College of Physiotherapy had conducted webinars to mark the occasion of International Women's day from 28.02.2022-05.03.2022.

The series of webinar conducted provided participants about the glimpse of psychological and mental well being of healthcare professionals, exercise prescription for women's with PCOS, educational talk on menstrual hygiene practices for women's and physiotherapy overview of painful coitus.

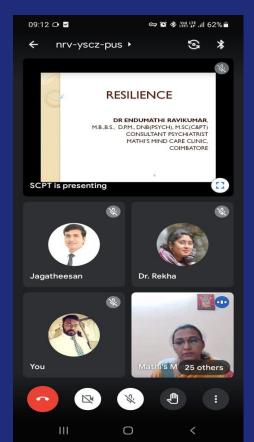
Total Webinars Conducted - 06



Dr.Endumathi, Psychiatrist had educated audiences about the topic 'Resilience' on 28.2.2022 which provided the audience about psycho'Resiliencelogical attention needed to people's emotional, social, vocational, educational, health-related, developmental and organizational concerns.









Dr. Lavanya, Assistant Professor, Saveetha dental College had talked about "Prescription of PCOS – Lifestyle Medicine perspective" on 1.3.2022.





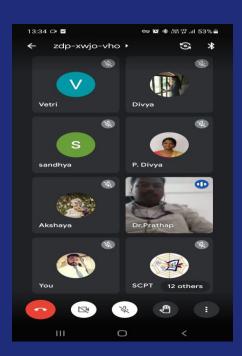






Dr. Jenifer Augustina had talked about the topic "Physiotherapy overview on painful coitus" on 1.3.2022. The audience were educated about multidisciplinary physiotherapy assessment for painful coitus and explained about the cognitive and emotional pain models related to painful coitus.



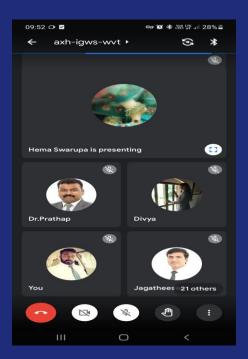




Dr.Hema Swaroopa had educated the audience on the topic "Education about menstrual hygiene practices on 3.3.2022. The Speaker highlighted the audience about the importance and benefit of menstrual health hygiene practice and its positive impact on women's health, work and education.











Dr. Tamil Selvi had talked on the topic "Naturopathy for Women's Health on 3.3.2022. The speaker had provided the importance and benefit of naturopathy for women's conditions such as Endometriosis, Menstrual cramping and pre- menustral syndrome.





Prof.Asha Sundaram had talked on topic "Gender Equality, Equity and Inclusion" on 4.3.2022. The Speaker had highlighted the audience regarding the gender based equality in work sectors and highlighted about the economic and social empowerment of women in society.

Webinar 6







Invited Faculty

Dr.K.Rekha had participated as Speaker in
Virtual Symposium titled "Cardiorespirtory
involvement, guidlelines and rehabilitation
on 5.3.2022. The event was organized by
INTI university.





Workshop Conducted - 1 Dr.S.Jenifer Augustina had organized a one day workshop on the occasion of International Women's Day about "High risk pregnancy - Hawk eyed view "on 5.3.2022 at Saveetha College of Physiotherapy Health Science Block.







Student Awards - 04





On the occasion of International Women's Day celebration Department of Obg, Saveetha Medical College and Hospital had conducted various events and Saveetha College of Physiotherapy students had won prizes in competitions:

- 1.Poetry 3rd Prize
 - a. Jeeva Rathinam T II BPT
- 2.Singing
 - a.1st Prize -Supriya III BPT
 - b.2nd Prize Sowmya III BPT
 - c.3rd Prize Sylvia Mary I BPT
- 3.Rangoli
 - a.1st prize Kanishka and team
 - b.2nd Prize Praveen and team Namazi & team
 - c.3rd Prize Varshini and Team



Total Community outreach Program- 4

Dr.S.Senthil Kumar, Asst.Prof, SCPT. had conducted and community outreach Program in association with SMCH as a part of Unnath Bharath Abiyan.





Community outreach Program- 1 Saveetha College of Physiotherapy had provided Clinical support services for community camp organized by Saveetha Medical College and Hospital in Ulundai on 01-03-2022





Saveetha College of Physiotherapy had provided Clinical support services for community camp organized by Saveetha Medical College and Hospital in Chikkarayapuram on 01-03-2022

Community outreach Program- 2





Community outreach Program- 3

Saveetha College of Physiotherapy had provided Clinical support services for community camp organized by Saveetha Medical College and Hospital in Arun plasto,pillaipakkam on 02-03-2022





Community outreach Program- 4

Saveetha College of Physiotherapy had provided Clinical support services for community camp organized by Saveetha Medical College and Hospital in Mappedu on 05-03-2022







- 1.Dr.Anitha A had attended SPIDER-webinar series organised by Saveetha College of Physiotherapy.
- 2.Dr.Anitha hosted and moderated the webinar session for the topic: "Physiotherapy overview on painful coitus" on 1st March 2022.
- 3. Dr.Anitha had organised and conducted E-poster competition UG and PG students on 4th March 2022 to mark the occasion of International Women's day celebrations.



PhD Viva Voce-1 **Scholar:** Dr. M.V.Sowmya (PhD Part time- Internal scholar)

Title: A Study To Compare And Evaluate The Effect Of Hamstring And Ankle Rotator Muscle Strengthening Exercise On Muscle Function And Quality Of Life In Mild To Moderate Osteoarthritis Of Knee Joint

Date: 02 March 2022

Guide: Dr.K.Kotteeswaran, Professor, SCPT

External Expert: Dr.Antony Leo Aseer, Professor and Vice principal,

Faculty of Physiotherapy, SRIHER, Chennai.



